



Kurdistan University of Medical Sciences
Vice-Chancellery for Education
Educational Assistant
Center for Studies and Development of Medical Education
Curriculum planning unit

Blended course plan form (Attendance and Non-attendance)

Number of Units: **nursing** Name of Course: **Physical Examination** Course section: **Masters**

General characteristics of the course

• **Details of the responsible teacher:**

First name	last name	rank	group	College/hospital	Phone number	Mobile Phone Number
mokhtar	yaghobi	Instructor	nursing	Nursing and midwifery		

- The professor in charge of the course is responsible for monitoring the course of the course and the tasks of the students and communicating with the students.
- E-mail address of the responsible teacher: **mokhtaryaghobi@yahoo.com**

Profile of associate professors:

First name	last name	rank	group	College/hospital	Phone number	Mobile Phone Number

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Associate professors can access specific parts of the course.

Objectives and introduction of the lesson

A: Write down the general objectives of the lesson for students:

Overall Goal: *To acquire advanced skills for learners in understanding health status, identifying deviations from health, and utilizing the nursing process to maintain and promote health, and achieve an optimal quality of life for clients with a nursing approach. Finally, students can perform physical examination based on nursing models and diagnose patients' needs and health deviations*

Specific Objectives:

By the end of the course, the student will be able to:

- 1. Assess health status using skills such as (interviewing, counseling, examining all systems, and conducting laboratory and radiological investigations).*
- 2. Assess health status using nursing models.*
- 3. Document health status based on various approaches.*
- 4. Evaluate the quality of life and its dimensions in life.*

B: Write a brief introduction about this lesson in about 250 to 300 words. Make sure to include the following introductions

In this course, the health status will be critically reviewed from a nursing perspective, health status will be assessed using various nursing models, and the quality of life of clients will be evaluated. Additionally, by providing appropriate opportunities for students in clinical settings, they will be able to identify deviations from health and the problems of clients.

Determining face-to-face lesson sessions

No	The title of the face-to-face meeting	Date of presentation	How to present	How to provide the necessary facilities
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1	<ol style="list-style-type: none"> 1. General physical examination and vital signs 2. Carpenter's Procedural Model (Patricia Benner) 	5 November 2024	PowerPoint, video clips, lectures and questions and answers , discussion, role playing, case study	High-speed internet, projector, hospital wards, Navid system, social networks and patients
2	<ol style="list-style-type: none"> 1. Examination of the central nervous system and motor system 2. Examination of the sensory system and nervous reflexes 3. Henderson's Basic Needs Model 	12 November 2024	PowerPoint, video clips, lectures and questions and answers , discussion, role playing, case study	High-speed internet, projector, hospital wards, Navid system, social networks and patients
3	<ol style="list-style-type: none"> 1. Examination of the head, eyes and ears 2. Nose, mouth and neck examination 3. Orem's Self-Care Deficit Theory 	19 November 2024	PowerPoint, video clips, lectures and questions and answers , discussion, role playing, case study	High-speed internet, projector, hospital wards, Navid system, social networks and patients
4	<ol style="list-style-type: none"> 1. Examination of the lungs and chest 2. Examination of the cardiovascular system 3. Roy's Adaptation Model (Sister Callista Roy) 	26 November 2024	PowerPoint, video clips, lectures and questions and answers , discussion, role playing, case study	High-speed internet, projector, hospital wards, Navid system, social networks and patients
5	<ol style="list-style-type: none"> 1. Examination of the musculoskeletal system 2. Virginia Henderson Nursing Model 	3 December 2024	PowerPoint, video clips, lectures and questions and answers , discussion, role playing, case study	High-speed internet, projector, hospital wards, Navid system, social networks and patients
6	<ol style="list-style-type: none"> 1. Abdominal examination 2. Skin examination 	10 December 2024	PowerPoint, video clips, lectures and questions and	High-speed internet, projector, hospital

			answers , discussion, role playing, case study	wards, Navid system, social networks and patients
7	Patient care during clinical trials	17 December 2024	PowerPoint, video clips, lectures and questions and answers , discussion, role playing, case study	High-speed internet, projector, hospital wards, Navid system, social networks and patients
8	Patient care during clinical trials	24 December 2024	PowerPoint, video clips, lectures and questions and answers , discussion, role playing, case study	High-speed internet, projector, hospital wards, Navid system, social networks and patients

Determining non-attendance sessions

According to the approved educational regulations, it is possible to hold four-seventeenth of the hours of theoretical lessons as blended learning in the form of a non-attendance class.

(This type of presentation is used for non-clinical unit lessons. Note that in this approach certain parts of the content are not covered in the face-to-face section).

If you use this approach, complete the following table:

The internship unit will be held face-to-face and the student's presence is mandatory, and non-attendance will be treated according to educational regulations.

Anticipated non-attendance part (including the title, date of presentation, the second session of all the in-person and non-attendance sessions)	The reason for the possibility of absenteeism	The method of covering content in absentia (Including how to present, being online or not, required facilities, etc.)
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Study resources for students

Resources related to students' final exam (including books, articles, pamphlets, videos, slides or any other content) and resources for further study (resources for non-attendance meetings) along with the link to access them in the system

Book details including title, authors, translators, publications, year and time of publication	Pages and chapters specified for the test
Bates-Guide-to-Physical-Examination-and-History-Taking-12th-extern	https://extern.ir/book/bates-guide-physical-examination-history-taking/
Physical Examination and Health Assessment, 9th Edition by Carolyn Jarvis, PhD, APN, CNP and Ann L. Eckhardt, PhD, RN	
Evidence-Based Practice in Nursing & Healthcare: A Guide to Best Practice Fifth, North American Edition	

Article details including title, authors, journal, year and publication number and pages	How students can access the article
Nursing Admission Assessment and Examination Tammy J. Toney-Butler; Wendy J. Unison-Pace. Last Update: August 28, 2023.	

Type of content*	Specifications including title and authors/ producers	Description (address in the system or link)

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* The content (power point slide, pamphlet, educational film) means the content uploaded on other university systems, which must be prepared in a final form before the beginning of the semester.

Self-examination, assignments, term-long and end-of-semester projects for students

- Self-exams (descriptive, multiple-choice, matching, blank, etc.) should play an important role in helping students learn and self-evaluate.
- It is necessary for students to cover the non-attendance part of the course through the definition of appropriate tasks (increasing problem solving skills and students' ability to analyze and criticize with appropriate timing).
- Semester-long assignments and projects are aimed at studying resources and student learning.
- End-of-semester project is defined as a specific activity aimed at applying what has been learned.

Explanation of the test itself:

Description of the semester project:

Description of the final project:

Other learning activities

Communicating with students through the Navid system and if Navid is not accessible, using available social networks to exchange information and content with students.

Evaluation of students

- **Using clinical skills and nursing models, students can examine the patient and diagnose deviations from health and plan for it.**

- Each student examines one patient based on nursing models and submits the examination report and its results to the professor in the form of a project and in writing.
- Choose one model from the nursing models below and perform a physical examination on a patient based on it:
 1. Carpenter's Procedural Model (Patricia Benner)
 2. Orem's Self-Care Deficit Theory
 3. Roy's Adaptation Model (Sister Callista Roy)
 4. Virginia Henderson Nursing Model
 5. Henderson's basic needs model

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2. What is the method of students' final exam (end-of-semester face-to-face exam)? (oral, practical, descriptive, test or...)

The end-of-semester exam is oral, practical, written, and test, and presenting a project report based on nursing models.

- **Presenting the process or grade of assignments or in the case of presenting a conference:**

The student should prepare the physical examination based on nursing models in PowerPoint and present it in a conference

- ✓ **Name and family name and signature of the teacher responsible for the course**

Mokhtar yaghobi



- ✓ **Name and surname and signature of the group manage**